

Albany Care

Newsletter February 2010

February Outings and Events at Albany Care

- | | |
|-------------------------------|---------------------------------|
| 2/1 Navy Pier | 2/15 Chicago History Museum |
| 2/2 Harold Washington Library | 2/16 Adler Planetarium |
| 2/3 McDonalds | 2/17 Bahai Temple |
| 2/4 Nature Museum | 2/18 Shopping at Target |
| 2/7 Super Bowl Party | 2/19 Chicago Auto Show |
| 2/8 Field Museum | 2/22 Shedd Aquarium |
| 2/9 Mardi Gras Celebration | 2/23 Museum of Contemporary Art |
| 2/10 Linconwood Towne Center | 2/24 Burger King |
| 2/11 Shopping at Dollar Tree | 2/25 Shopping at Walmart |
| 2/12 Mitchell Museum | 2/26 Chicago Sky Chapel |

Big Outing of the Month: To the Movies!
February 23rd

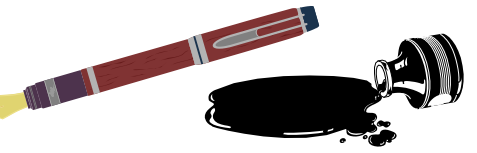
Dance Party every Saturday night at 7:00pm!

February Flower
of the Month:
Violet

February Birthstone:
Amethyst

Visit Albany Care Online!
www.albanycare.com

Are You a Writer?



Attention all Albany Care residents, do you like to write short stories or poetry? If so, the Albany Care Newsletter would like to start printing resident's short stories and/or poetry. Also, if you have anything you would like to write about, such as outings you went on and enjoyed, or dances you attended for the month, we would like to hear your thoughts on those as well. If you have any questions or would like to submit a story, please give them to Heather in the Activity Office. All stories need to be turned in by the 22nd of each month. We look forward to seeing your words in print in upcoming newsletters!

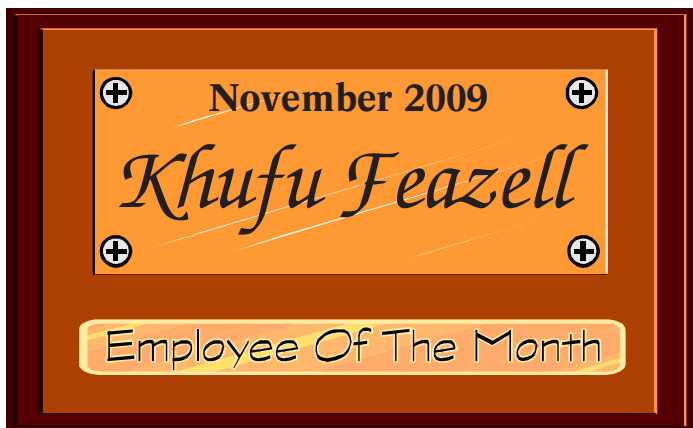
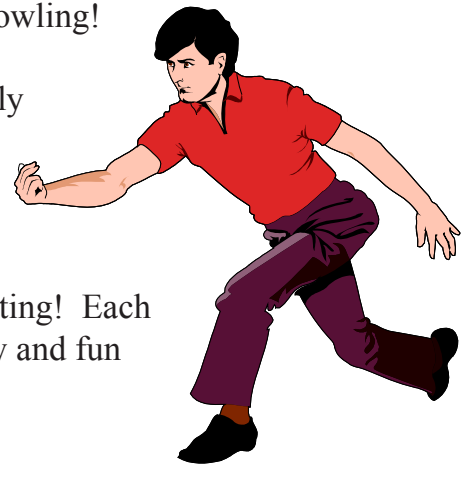


Fun at the Alley

We always look forward to our **Big Outing of the Month** each month, and for some time now, the residents have been requesting a bowling outing. We were very pleased to make that happen on January 25th at the nearby Brunswick Zone bowling alley. For many residents it has been years since they last took a bowling trip and for a few it was their first time ever bowling!

We had a really great time with a wide variety of scores. It was certainly clear that some of us need a little practice to get our game in good shape. And for others, well, the Professional Bowlers Association may be calling soon – some impressive scores indeed!

Thank you so much to all the residents who were able to attend this outing! Each month Albany Care is lucky enough to be able to take residents on new and fun outings. We hope that residents keep the suggestions coming and continue to attend!



Albany Care

February 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>7 9:00am Sunday School 2:00pm Cash Bingo 4:00pm Beading with Louise 7th floor Super Bowl Party 7pm-10pm</p>	<p>1 10:30am Navy Pier 3:00pm Beading with LaRhonda</p>	<p>2 10:30am Harold Washington Library 2:00pm open/arts activity room 3:00pm cooking class</p>	<p>3 1:30pm McDonalds 3:00pm Social Hour</p> 	<p>4 10:30am Nature Museum 2:00pm open/arts in activity room 3:00pm Cooking class</p>	<p>5 Big Trust Fund! 6,7,2 10:30pm 3,4,5 1:30pm *all times are subject to change</p>	<p>6 2:00pm Art/Craft w Louise on 7th floor 3:00pm Work-out w/ Louise on 7th floor 7:00pm Saturday Night Dance</p>
<p>14 9:00am Sunday School 2:00pm Cash Bingo 4:00pm Beading with Louise 7th floor</p>	<p>8 10:30am The Field Museum  3:00pm Candy Bingo</p>	<p>9 1:30pm Old country Buffet 2:00pm Mardi Gras Celebration </p>	<p>10 10:30am Lincolnwood Mall 3:00pm Coffee & Conversation </p>	<p>11 10:30am Dollar Tree 2:00pm Open arts in activity room 3:00pm Cooking class</p>	<p>12 10:30am Mitchell Museum. 2:00 Valentine's Dance 5pm NBA All-Star Celebrity Game 7pm NBA Rookie Challenge</p>	<p>13 2:00pm Art/Craft w Louise on 7th floor 3:00pm Work-out w/ Louise on 7th floor 7:00pm Saturday Night Dance</p>
<p>21 9:00am Sunday School 2:00pm Cash Bingo 4:00pm Beading with Louise 7th floor</p>	<p>15 10:30am Chicago History Museum 3:00pm Social Hour</p>	<p>16 10:30am the planetarium 2:00pm Fat Tuesday Celebration.</p>	<p>17 Ash Wednesday 10:30am Bahai Tempe 2pm Resident Agenda</p>	<p>18 10:30 am Target 2:00pm Open Arts in Activity room 3:00pm Prize Bingo</p>	<p>19 10:30 am Chicago Auto Show </p>	<p>20 2:00pm Art/Craft w Louise on 7th floor 3:00pm Work-out w/ Louise on 7th floor 7:00pm Saturday Night Dance</p>
<p>22 10:30am the Shedd Aquarium 3:00pm Cooking with LaRhonda</p>	<p>23 10:30pm Museum of Contemporary Art 2:00pm Open arts in Activity Room 3:00pm Cooking class</p>	<p>24 1:00pm Burger King 2:00pm Resident Council</p>	<p>25 10:30am Wal-Mart 2:00pm open arts in activity room 3:00pm monthly Birthday party</p>	<p>26 10:30am Chicago Sky Chapel see Chicago from 400 feet above the ground</p>	<p>27 2:00pm Art/Craft w Louise on 7th floor 3:00pm Work-out w/ Louise on 7th floor 7:00pm Saturday Night Dance</p>	<p>28 9:00am Sunday School 2:00pm Cash Bingo 4:00pm Beading with Louise 7th floor</p>

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<http://www.twitter.com/albanycare>

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February Birthdays

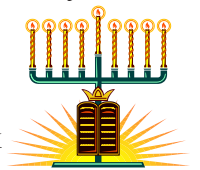
Andrew A.	2/02	Earl M.	2/28
Robert B.	2/26	Martin M.	2/02
Deandre B.	2/20	Stephen M.	2/09
Donald B.	2/13	Thomas O.	2/02
David B.	2/03	George O.	2/25
Robert B.	2/04	Elizabeth R.	2/19
Frank C.	2/28	William S.	2/01
Wendell C.	2/16	George S.	2/17
Anthony C.	2/22	Maria S.	2/12
Maria D.	2/25	Janet W.	2/26
Noella H.	2/10	Peter W.	2/25
Robert H.	2/21	Virginia W.	2/21
Robert K.	2/12	Elizabeth W.	2/24
George M.	2/22	Katrina Y.	2/18

**HAPPY
BIRTHDAY**

The Missing Menorah

a story by: Harriet Perlman

It was a cold, snowy December morning when Mrs. Cohen opened a chest of drawers to take out the Hanukah Menorah. It had been in their family for generations; her mother had brought it from Poland. She looked in the chest but it was nowhere to be found. What were they going to do? In another week it would be Hanukah. Little Yossie Cohen looked dejected. The Maccabees and the story of the temple was his favorite and he looked forward to lighting the candles and opening the presents.



Mrs. Cohen and Yossie went to the Jewish bookstore to buy another menorah but they were sold out. It appeared it would be a bleak Hanukah. Every night Yossie would say his prayers to God.

Soon it was Hanukah. On the dining room table was a beautiful gold menorah - God had heard Yossie's prayers. They placed a candle in the menorah and it burned all night. It was truly a miracle.